Island CAR & BIKE HIRE

42ND ROUND RAROTONGA ROAD RACE

2019 PROGRAM FOR THE WEEK

THU, 19 SEPTEMBER: FUN RUN

Round Rarotonga Road Race 2019 foots off (starts) with dressed up 5 km FUN RUN. The venue will once again be at the yard across from Beachcomber known as Sinai Hall down town Avarua. The aim of the race is to get everyone to meet and mingle and have fun before the main race. So dare to be different turn up as Superman or Robin Hood. LETS HAVE FUN! Everyone is encouraged to dress up for fun, anything goes!

FRI, 20 SEPTEMBER: FREE DAY EXPLORE THE ISLAND

Today is a free day – explore our island from lush interior mountain walks and treks to crystal clear snorkelling in our lagoons – or just relax beach or poolside! Our island is our playground – ENJOY!

SAT, 21 SEPTEMBER: THE MAIN RACE DAY

The 31 km race starts at Sinai Hall (across from Beachcomber in Avarua) at 5:30 am and the 10 km race will start in Muri at 7:30 am. Complimentary buses will be available to pick up participants in the morning to get you to the race by 5:30 am. Race Numbers and final check in will be conducted from the Marquees prior to race. At the finish line, there will be complementary coconut juice, water, light snacks and tropical fruit for all runners & supporters after the race.

SAT, 21 SEPTEMBER: NIGHTLIFE 42ND CELEBRATION

Celebrate 42 years of Round Raro Road Race with fellow race participants on the GOING TROPPO Nightlife Bus Tour. Cool down the island way with your responsible sober driver. Cheers to a good run!!! (18 yrs+)

SUN, 22 SEPTEMBER: CAPTAIN TAMA'S LAGOON CRUISE

Discover the Lagoon aboard the glass bottom boats. Snorkel and feed the fish before heading to a motu (small island) where you will be entertained while the crew prepare a Fish BBQ lunch. Special price for Road Race participants and Supporters.

SUN, 22 SEPTEMBER: PRIZE GIVING DINNER

Day of rest in the Cook Islands with limited activities available. If you missed out on the Lagoon Cruise, we recommend you to attend the Sunday Church service where you can enjoy the distinctive traditional hymns of the Cook Islands.
The Official Prize Giving Island Night Dinner & Show will kick off at 6:00 pm.

MON, 23 SEPTEMBER: RARO SAFARI TOURS

FREE DAY, your opportunity to discover more of Rarotonga. Raro Safari Tours offers an exciting day adventure into the interior of the island and visiting some of the islands 'hard to get to' places. This is a must do tour towards the beginning of your stay and is a great way to really get a feel for the lay of the land.

MON, 23 SEPTEMBER: HASH HARRIERS BIRTHDAY RUN

The local Hash House Harriers birthday promises a Costumed Run that is not to be missed. It starts around 5.00 pm at the Spaghetti House Restaurant, Edgewater Resort. You name it, you wear it. Wigs and hats supplied by Hash Harriers on the day. This event is followed by an Island meal at approximately $10 per person for those that wish to eat and mingle with the Hash Harrier Team. Cash bar available.

TUES, 24 SEPTEMBER: NUTTERS CROSS ISLAND RUN

The Nutters Cross Island Run is approximately 8.5 km that starts at 2:00 pm from the Inspiration of Rarotonga (opposite Vaima Restaurant) and heads over ridges across rugged valleys and riverbeds down to the Avatiu Coastline. The remarks from this run have been branded the most difficult in the country. It is not recommended for the fainthearted. The record still stands unbeaten at 45 minutes, and promises to be an exciting challenge. If you think you can beat it, give it a go!

WED, 25 SEPTEMBER: ROUND THE ROCK RELAY

The relay will start at 2:00 pm for the walkers and 4:00 pm for the runners at the Spaghetti House Restaurant, Edgewater Resort. This is a fun event and all teams are encouraged to adopt a theme. Registration forms for the relay can be obtained on the day of the 5 km FUN RUN, the day of the main 31 km and 10 km race, DMCK website at www.dmck.co.ck or from our office at Turama House in Nikao.

ACCOMMODATION IN RAROTONGA

Before booking accommodation check out our special rates for the 2019 RRRR at selected Resorts & Holiday Homes. Book with us, receive free return airport transfers, we meet you on arrival with flower ei, bottle of water & welcome bag. Email us your flight details and we can send a quote, small deposit required with final payment 45 days before arrival.

42ND ROUND RAROTONGA ROAD RACE 2019

INTERNATIONAL REGISTRATION

Office Use Only
RACE #: _____
REF: _____
Receipt: _____
☐ Paid ☐ Evo ☐ Bag
☐ Flight ☐ Register ☐ Income

RACE WEEK: 19TH – 24TH SEPTEMBER

(Registration closes on the 13th September 2019)

Last name: _____ First name: _____
Gender: ☐ Male ☐ Female Age on race day: _____
Postal address: _____
Country: _____
Email address: _____
Phone/mobile: _____

FLIGHT & ACCOMMODATION DETAILS:

Date of arrival: _____ Flight number: _____ Date of departure: _____ Flight number: _____
If accommodation is not booked with DMCK, please state where you are staying: _____

RACE CATEGORY:

☐ RRRR – 31 km Race ☐ RRRR – 31 km Walk ☐ 10 km Run ☐ 10 km Walk

AGE GROUP CATEGORY YOU WOULD LIKE TO ENTER:

☐ Open Men ☐ Men 40 – 49 ☐ Men 50 – 59 ☐ Men 60 – 69 ☐ Men 70+
☐ Open Women ☐ Women 35 – 44 ☐ Women 45 – 54 ☐ Women 55 – 64 ☐ Women 65+

Reduced fee for children under 12 years, please contact us. Children must be accompanied by an adult.

RACE REGISTRATION PACKAGES:

☐ **Race Registration Full Package – $200 NZD**
Includes race entry, race number, finishing medal, commemorative t-shirt, e-finishing photo and prize giving dinner.
Size: ☐ Small ☐ Med ☐ Large ☐ XL ☐ XXL ☐ XXXL

☐ **Race Registration Only – $130 NZD**
Includes race entry, race number, e-finishing photo and finishing medal.

☐ **Support Pack Supporters Registration Package – $80 NZD**
Includes commemorative t-shirt and prize giving dinner.
Size: ☐ Small ☐ Med ☐ Large ☐ XL ☐ XXL ☐ XXXL

EXTRAS YOU MAY WISH TO PURCHASE:

☐ Nightlife 42nd Celebration	$40.00
☐ Captain Tama's Lagoon Cruise	Adult $65, Child $32 (6 to 11 years)
☐ Raro Safari Tour	Adult $70, Child $35 (6 to 11 years)
☐ Prize Giving Dinner	$45.00
☐ Commemorative T-Shirt	$40.00

Size: ☐ Small ☐ Med ☐ Large ☐ XL ☐ XXL ☐ XXXL

LIKE US ON f

FACEBOOK SEARCH:
ROUND RAROTONGA ROAD RACE

PAYMENT DETAILS:

☐ Visa ☐ M/Card ☐ Direct/Deposit
Credit card name: _____ Credit card number: _____
Expiry date: _____ Signature: _____ Total: _____

DIRECT DEPOSIT DETAILS:

Beneficiary: Turama Pacific Travel Group
Bank Name: Westpac New Zealand Ltd, 79 Queen Street, Auckland, New Zealand
Bank Account: 030104 0182507-000 **Swift Code:** WPACNZ2W – Remit (NZ Dollars) *(Please email receipt to events@dmck.co.ck).*
Registrations received after 13th September 2019, a $10 charge will incur.
*Completed forms can be emailed to: events@dmck.co.ck *A receipt will be sent to you on confirmation of payment.

DMCK
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